

# Frequently Asked Questions

- 1. What guidelines are in place for foods provided to students?**

All foods provided to students must be commercially prepared and include a full ingredient list. Home-prepared foods are prohibited due to the increasing incidence of food allergies and the possibility of food borne illness
- 2. Why do you require a doctor's note for an over the counter medication?**

The school nurses within this district are practicing according to the Missouri Nurse Practice Act, and as a requirement may only give medications when ordered by a physician.
- 3. Can my child carry his medication in his backpack?**

Per state law, any child may carry and administer emergency, life saving medications. This typically includes albuterol inhalers (for asthmatics) and epinephrine auto injectors (for severe allergic reactions). At the elementary level, we encourage students to leave these medications with the nurse, or have them strategically located throughout the building. As students mature, we do encourage them to begin to carry their medication. Please check with your school nurse for requirements to do so.
- 4. Why do you need my child's immunization record?**

Per state law, public schools are required to collect and report immunization data on all students. This law also requires that if we have no immunization data on file, we exclude the student until records are produced or immunizations have been given.
- 5. How sick is too sick for school?**

While we encourage students to attend school whenever possible, we do realize that at times, we all get sick. To reduce the spread of illness in our schools, we require students who are experience vomiting or diarrhea to stay home. We also expect any student with a fever of 100 or higher to stay home until they have been fever-free for 24 hours or more, without the use of medication to reduce the fever. Any unknown rashes are also a reason to stay home and consult your physician. A student with a typical cold may come to school, although we encourage you to reinforce good hand washing and respiratory etiquette.
- 6. Can my child bring cough drops to soothe a cough?**

Cough drops contain an "active ingredient" and therefore are considered an over the counter medication. Parent permission and physician orders must be on file for students to be allowed this medication

