

Waynesville Career Center
School of Practical Nursing
400 G W Lane
Waynesville, MO 65583
573-842-2500
2022-2023

Waynesville R-VI Mission:

Prepare and empower individual lifelong learners for opportunities as citizens and leaders.

Waynesville R-VI Vision:

Excel as a student-centered community of learners that embraces diversity, collaboration, and innovation

WCC Mission:

Waynesville Career Center provides a relevant learning environment using critical thinking, technology, and career skills to prepare students for success.

WCC Vision:

Waynesville Career Center is committed to developing a diverse and skilled workforce of lifelong learners.

If you need special accommodations or equipment due to disability, please notify me immediately so I can make the needed arrangements.

COURSE SYLLABUS

Course Title: Human Growth and Development

Instructor: Carrie Wilson, RN, BSN

Office Location: Waynesville Career Center

Office Phone Number: 573-842-2500 ext. 3928

E-mail address: cwilson1@waynesville.k12.mo.us

Prerequisites: Admittance to Waynesville Career Center's Practical Nurse Program.

Text/Material: Leifer, Gloria and Fleck, Eva. Growth and Development Across the Life Span, 2nd Edition. (2013) Elsevier: St. Louis.

Classroom Hours: 87

Clinical Hours: 20

Conference Hours: My office hours are 0815 – 1600 Monday through Friday with conference times at 1600 – 1615 and limited availability 1200 - 1230.

Course Description:

Human Growth and Development presents an introduction and overview of the normal physiological, psychosocial, and cognitive aspects of human development throughout the lifespan. Emphasis is placed on the importance of recognizing and appreciating the uniqueness of the individual and the family and the need to consider that uniqueness in planning and delivering nursing care. The student has the opportunity to apply the concepts of this course throughout the clinical portion of the PN program. This course expands the students' knowledge across the life span using various resources and exercises.

Course Rationale:

Human Growth and Development is a course designed to provide students with the knowledge of the principles and theories of growth and development throughout the human lifespan. These theories and principles act as a guide for the nurse to integrate into their clinical practice. Physiological, psychosocial, and cognitive concepts of growth and development are presented throughout the course and provide the student with a foundation to build upon throughout their career as a nurse as well as during education advancement if they choose.

Course Objectives:

At the completion of this course the student will be able to:

1. Summarize the major psychosocial theories and principles relating to human growth and development to include basic human needs, self-concept, mental health, culture, and wellness.
2. Continue to refine therapeutic communication skills with emphasis on maintaining the confidentiality of the individual.
3. Describe the role of family in the developmental process.
4. Using the nursing process, discuss and demonstrate an understanding of the physical and psychosocial development which occurs during each of the following life phases: Infant, Toddler, Preschooler, School Age Child, Adolescent, Young Adult, Middle Aged Adult, and Older Adult.
5. Describe the role of the practical nurse as a member of the health care team and identify leadership skills necessary to incorporate human growth and development into holistic nursing care.
6. Explain the importance of continuing professional growth and education and identify sources of opportunities for this.

Class Structure:

In this course, lecture, discussion, and demonstration of content related to growth and development as it pertains to humans will be used. Tests, homework assignments, quizzes, and group projects will be assigned. Your textbook is an important guide for your work. You are expected to ask questions if you do not understand the material. If you do not ask questions, I assume that you understand the material.

Grading:

A test will be given after every 1- 2 chapters, for a total of 8 tests this class. It is your responsibility to review your tests. Independent test review will not be done during lecture. At the student's initiation, the instructor and student will meet to discuss the test. The students may review their tests online independently. All test reviewing will need to occur before the next unit

exam. Students in violation of the Academic Integrity Policy will be subjected to disciplinary action. Please see the adult student handbook. The purpose for reviewing your test is to make sure that you understand the content that was covered. Even if you have been successful on a test, it would still be good for you to review your test so that you can see where your weak areas are. This will help you prepare for the final exam.

You are responsible for lecture, reading assignments, defining the key terms, and answering the objectives found at the beginning of each chapter. During classroom discussion, any facts or additional information that you need to know will be presented. The final exam will be comprehensive. **The final exam will be worth 100 points.** Expect regular and NCLEX style quizzes, which may be announced or unannounced, along with other assignments. Quizzes and assignment totals will count as one test grade.

Point Breakdown

Tests (Most – see below): 525 points

Test CH 6: 50 points

Quiz /Assignment Totals: 100 points

NCLEX prep assignments: 100 points

Theories of Development Assignment: 50 points

Adolescent/Young Adult Assignment: 25 points

Geriatric Interview: 25 points

Subtotal of Points: 900 points

Comprehensive Final: 100 points

Total Points: 1000

The instructor reserves the right to make changes to the above information.

The instructor may add points in the form of other assignments or deduct points at any time during the course.

Grading

100%-92% A

91%-84% B

83%-80% C

Below 80% F

*****FINAL GRADES WILL NOT BE ROUNDED*****

(Example: 91.99=B, 79.99=F, 79.99=F for IV Therapy)

In addition, nursing achievement exams and End of Course exams (EOC) may be administered during the course work and at the end of each designated course.

Make-up of Assignments and Tests for Classroom Theory:

When absent from class, the student is responsible for contacting the instructor(s) regarding missed material. Absence from class will be made up in a manner recommended by the instructor. It is recommended the student contact the instructor(s) prior to returning to class. Assignments may be reading, written, study questions, charts, graphs, projects, audiovisual, or computer-assisted study.

Any missing assignments must be completed the Monday prior to the final. If assignments are still missing after this deadline students will miss clock hours until work is completed.

Make-up tests and quizzes are to be taken on the day the student returns to the classroom at 0700. The student is to contact the instructor to schedule makeup of the test. If the student does not take the test on the first day the student returns to the classroom, the student will receive a "0" for the test or quiz grade, unless other arrangements have been made. Once a test has been started no students will be allowed late entry to classroom. Test will have to be made up at alternate time.

If a student is late to the final exam they will not be allowed to take the final exam. This will result in an incomplete for the course and therefore failure of the program.

My office hours are 0815-1600 Monday through Friday. My office hours may change once clinical starts and you will be informed of them at that time. Remember, you must make an 80% to pass each class. If you do not maintain an 80% for each class, you will be dismissed from Waynesville School of Practical Nursing. If you do not score an 80% on a test, test remediation will be given.

Procedures for absenteeism

When absent, the student must fill out the sign in/sign out form that is located on secretary's desk. **(Any physician's excuse or supporting documentation should be kept by the student in case the student must appeal his/her absences.) IT IS THE STUDENT'S RESPONSIBILITY TO COMPLETE THE SIGN IN/SIGN OUT FORM ON THE PN SECRETARY'S DESK.**

All quizzes must be taken or a zero will be given for that assessment. Make up will be in an alternative format due at 0700 the next class day. Student is responsible to meet with the instructor regarding the alternative assignment.

A comprehensive final will be administered in each course when applicable. The comprehensive final will be administered at the completion of each subject area.

EXAMS CANNOT BE RETAKEN. If you do not complete your exam or you accidentally skip pages or miss pages you do not get to retake the exam. BE VERY CAREFUL AND BE THOROUGH WHEN COMPLETING ALL OF YOUR EXAMS.

All homework and assignments/activities must be turned in on the date assigned by the instructor to earn full credit. If absent from class, the student must turn work in by **0800** on the day he/she returns to class to earn full credit.

Should assignments/activities not be turned in on the assigned due date and time, a zero (0) will be earned by the student. That assignment MUST be completed and turned in with a passing grade and will be noted as incomplete until turned in.

Any missing assignments must be completed the Monday prior to the final. If assignments are still missing after this deadline students will miss clock hours until work is completed.

No tests will be made up during class lecture time.

Once an assignment is turned into the assigned instructor, it is considered complete. Assignments will not be returned to be completed if already turned in.

Classroom Theory

The student must make a cumulative average of 80% in each course to continue in the program and meet the requirements to apply for the licensure examination.

At the completion of each course, the student will be issued his/her grade. **Students are responsible for monitoring their own grades throughout the coursework.**

Students may meet with faculty at any point during the course to inquire about their grades.

Reminder: You must have a cumulative average of 80% in each course to pass the class. Failure to meet these requirements will result in academic dismissal from the program

Organization of the Educational Program

The length of the program is structured to meet the Minimum Standards of Accredited Programs of Practical Nursing.

Theory: 0800-1600 Monday through Friday

Classroom Instruction methods include but are not limited to; instruction in theory, instruction in lab and clinical procedures, return demonstrations, group study activities, skills lab. Teaching aids include but are not limited to; power point presentations, digital video presentation, I-pads, individual laptops, anatomical charts/models, manikins, and skills lab supplies.

Attendance Policy

Definition of attendance— Attendance is being present and prepared to participate in the program at the designated time scheduled for the day.

Definition of absence- When a student is not present at the designated time.

Attendance is also considered a mark of professionalism in the nursing field. A nurse is on time and ready for duty at the scheduled time. Students in the Waynesville School of Practical Nursing are being prepared for the nursing profession and will be held to the standards of the profession.

Example of attendance: Class time begins at 08:00; the student is in the building by 07:45 preparing for class. Or, clinical begins at 0600; the student is at the clinical site by 0545 preparing for clinical.

Definition of unreported absence (no call/no show) -- Not reporting you are going to be late or absent. (A student not calling, or not showing up at the designated time). You must call by the designated time to notify the school, instructor, or secretary and let them know you are either going to be late or absent. In the nursing profession, it is standard for the nurse to notify the employer himself or herself for any absence from the job site- rather than having another person call on your behalf. More than two (2) no call/no shows will result in dismissal from the program.

Definition of Tardy: The student has notified the school, instructor, or secretary in the event you are going to be late. The student will not be at their designated place by the designated time.

- a. The student will receive a written counseling statement after the 3rd tardy.
- b. After the 5th tardy, the student will be placed on probation.
- c. After the 7th tardy, the student will be academically ineligible to continue in the program.
- d. A tardy will be issued at any time the student is not in their designated place at the designated time.

It is **imperative** that **the student** notify the school at least one hour before class or clinical start times, if the student is going to be tardy or absent. Students arriving late must **immediately** report to assigned instructor. Each student is required to attend designated field trips, seminars and/or conventions and pre/post conferences along with faculty representative. Students not attending scheduled events without legitimate reason or without approval from the Coordinator will be counted absent.

During the course of the Program, the student is only allowed to miss a total of 60.0 hours of school. The student will receive written warning when his/her absences exceed the following:

20 hours: 1st warning

30 hours: 2nd warning

40 hours: 3rd warning

Masks: may be required in classrooms and labs (we will follow the guidelines set by the Waynesville School District). Masking guidelines will be followed during clinical per clinical site policy.

Any student missing more than 60.0 hours will be dismissed from the program. If the student feels that he/she had extenuating circumstances, he/she has the right to appeal the absences when he/she has gone over the 60.0 hours. The student should submit in writing to the Coordinator a letter stating that they wish to appeal their termination from the program and wish for their case to be heard by the review board committee. This letter of appeal must be received no later than 4:00 p.m. on the next business day following the student’s receipt of the original dismissal notification. Any evidence and/or documentation supporting the appeal must be provided to the school before the review board committee is notified. Please see above “Dismissal: Appeals Procedure” for more information regarding how to appeal an attendance appeal.

Remember, you must make an **80%** to pass each class. If you do not maintain an **80%** for each class, you will be dismissed from the Waynesville School of Practical Nursing. If you do not score an **80%** on a test, it is **your** responsibility to make arrangements to see me.

****NCLEX prep assignments will occur every week during this course****

Growth and Development Scope and Sequence

***Schedule subject to change as needed. You will be notified if/when this occurs.**

Scope & Sequence: **Growth and Development**

WEEK	DATE-MONDAY	REQUIRED READINGS	MAJOR TOPICS	QUIZZES/EXAMS
1		Scope & Sequence Syllabus Ch. 1 (overview)	Classroom, teacher & student introductions Healthy People 2020	Pretest
2		Ch. 2	Government Influences on Health Care	Quiz One TEST ONE: CH 1 & 2
3			No School	
4		Ch. 3	Cultural Considerations	QUIZ Two
5		Ch. 4		TEST TWO: CH 3 & 4

			Influence of Family on Developing a Lifestyle	
6		Ch. 5	Theories of Growth and Development	Theories Assignment
7		Ch.6	Prenatal Influences	QUIZ Three
8		Ch. 7	The Infant	TEST: CH Six
9		Ch. 8	Early Childhood	QUIZ Four
10		Ch. 9	Middle Childhood	TEST FOUR: CH 7 & 8
11		Ch. 10	Adolescence	QUIZ FIVE
12		Ch. 11	Young Adulthood	Adolescent/Young Adult Assignment TEST FIVE: CH 9 & 10
13		Ch. 12	Middle Adulthood	QUIZ Six
14		Ch. 13	Late Adulthood	TEST SIX: CH 11 & 12
15		Ch. 14	Advanced Old Age/Geriatrics	Geriatric Interview QUIZ Seven
16		Ch. 15	Planning for the End of Life	TEST SEVEN: CH 13 & 14
17			Head to Toe Assessments	
18		Ch. 16	Loss, Grief, and Bereavement & Begin review for final	QUIZ Eight
19			Review	TEST EIGHT: CH 15 & 16
			Prepare so you don't have to stress! ☺	FINAL ☺

I have read and understand the syllabus for: Growth and Development

Name _____ (printed)
Name _____ (signature)
Date _____